

The Phiroz Mehta Trust

Talk Archive Catalogue - Talks Sorted by Date Given

About the Catalogue

This catalogue contains information about all talks recorded by Phiroz Mehta from 1959 to 1994. The talk title, date given (or estimated date given), talk length in hours and minutes, and catalogue number are provided in this printed catalogue, but a description of some talks and an assessment of the recording quality can be found by using the online catalogue search facility on the Trust's website at www.pmt.org.uk.

Brief descriptions of The Dilkusha Talks are sourced from The Dilkusha Talks Catalogue produced by the Trust.

The catalogue numbers are generally derived from the names of the places where the talks were given, such as Dilkusha, which was Phiroz's home in Forest Hill, London.

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Key to Talk Catalogue Number Codes

- B** Talks given at Buddhist Society Summer Schools.
- CA** Talks given at Catherington House Summer School.
- CS** Talks given at Cenacle Summer Schools.
- D** The Dilkusha Talks Catalogue. Talks given at Phiroz Mehta's house, "Dilkusha".
- DX** Talks given at "Dilkusha" that are not in the Dilkusha Talks Catalogue.
- E** Talks given at Elmau Schools.
- K** Talks given at Krishnamurti meetings.
- L** Talks given at 47 Lillian Road, the home of the Phiroz Mehta Trust.
- M** Miscellaneous talks. See talk summaries for further details.
- P** Talks given at Park Place Summer Schools.
- Y** Yoga Talks.
- Z** Zarathushtrian Talks.

About the CD Archive

The CDs in the archive are sorted by catalogue number. Each CD contains one recorded talk, with the exception of some longer talks which span two CDs (such CDs have 'Disc 1' and 'Disc 2' printed on them).

The quality of each recording has been graded from 1 to 5 stars as follows:

1 Unlistenable

It is impossible to understand the speech.

2 Poor

It is possible to understand the speech if listening very attentively.

3 Fair

Speech is significantly muffled or distant. May include significant background noise such as hiss, hum or whistle.

4 Good

Speech is slightly muffled or distant but easy to listen to. May include slight background hiss.

5 Excellent

Speech is very clear with little or no background noise.

Contacting the Trust

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Cat. no.	Talk Title	Given on	Length h:mm
B001	Expounding without Exposition	In 1959	0:56
B002	The End and also the Beginning Lie in the Middle	26/08/1962	1:01
B003	You Talk, I Listen	24/08/1963	0:39
B004	The Goal (I)	22/08/1964	0:43
B005	Appearance and Reality	28/08/1966	0:54
B006	Wisdom and Compassion	30/08/1966	0:50
B007	Harmony	01/09/1968	0:50
D001	Observing the Nature of Attention	05/01/1969	1:13
D002	Desire (I)	11/05/1969	1:34
D003	The Comforter	08/06/1969	1:10
DX001	The Infinite is not a Reward - It Is!	22/06/1969	1:05
D004	Calmness	06/07/1969	1:02
B008	The Three Signs of Being	In Aug 1969	1:02
D005	Complete Relationship between Self and Not-Self	17/08/1969	1:24
B009	The Open and the Hidden	24/08/1969	0:50
B010	The Mahayana (I)	26/08/1969	0:58
B011	The Mahayana (II)	27/08/1969	0:56
B012	The Mahayana (III)	28/08/1969	0:54
D006	<i>Anātman</i>	30/08/1969	1:26
D007	Concepts and Percepts (I)	31/08/1969	1:25

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Cat. no.	Talk Title	Given on	Length h:mm
D008	Concepts and Percepts (II)	27/09/1969	1:10
DX002	The Nature of our Fundamental Beliefs	28/09/1969	1:10
D009	The <i>Jhānas</i>	12/10/1969	1:29
D010	Living by a Transcendent Ethic	26/10/1969	1:23
D011	There is no Annihilation	07/11/1969	1:17
D012	Significance and Importance of Words (I)	08/11/1969	1:32
D013	Significance and Importance of Words (II)	09/11/1969	1:33
DX003	Sorrow and Suffering	23/11/1969	1:05
DX004	Perfect Understanding of Sorrow	06/12/1969	1:08
D014	Faith	20/12/1969	1:20
B013	The Religious Path	Est. 1970	0:59
B014	The Voice of Silence	Est. 1970	0:45
D015	A New Decade	03/01/1970	1:09
D016	The New Life-Wave	04/01/1970	1:11
D017	There is Nothing for "Me"	18/01/1970	1:15
D018	Children of the New Dawn (I)	01/02/1970	1:11
D019	The Heart Sutra (I)	14/02/1970	1:34
D020	Speech and Word	26/04/1970	1:10
D021	Creative Energy	09/05/1970	1:04
D022	The Sense of Transcendence	24/05/1970	0:59

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Cat. no.	Talk Title	Given on	Length h:mm
D023	<i>Anattā and Attā</i>	06/06/1970	1:14
D024	Sensitivity	21/06/1970	1:05
D025	Man's Sorrows and Problems through the Ages	05/07/1970	0:58
D026	The Relationship with Ideas	02/08/1970	1:13
D027	Defilements of the Mind	16/08/1970	1:19
B015	Götterdämmerung	26/08/1970	0:49
D028	Being Free of the Defilements	29/08/1970	0:56
D029	"Progress"	13/09/1970	1:33
D030	Right Mindfulness (I)	27/09/1970	1:27
D031	Right Mindfulness (II)	11/10/1970	1:26
D032	"Show Me the Way to Transcendence"	25/10/1970	1:20
D033	Co-operation with Nature	08/11/1970	1:30
D034	Growing into Our True Manhood	21/11/1970	1:04
D035	Man is still not Fully Human	05/12/1970	1:11
D036	The Zodiac (I)	02/01/1971	1:15
D037	The Zodiac (II)	16/01/1971	1:34
D038	The Meaning of Yoga	30/01/1971	1:10
D039	The Basis of Purity	13/02/1971	0:52
D040	One Mankind	13/03/1971	0:53
D041	Right Effort	28/03/1971	1:10

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Cat. no.	Talk Title	Given on	Length h:mm
Y001	The Meaning and Purpose of Yoga	07/04/1971	0:54
Y002	Questions: Practice of Yoga in the World: Asceticism: Sleep: Food: Death	07/04/1971	0:52
Y003	Psycho-Spiritual Aspects of Yoga (I): Questions: Commonsense and Good Sense: Psychotherapy and Yoga: The Joining	14/04/1971	1:01
Y004	Psycho-Spiritual Aspects of Yoga (II): Questions: Māya: The Wandering Mind: Meditation: Good Sense	14/04/1971	1:02
D042	<i>Samsāra</i>	25/04/1971	1:07
D043	Our Task	08/05/1971	1:29
D044	Making a Complete End of All Ill	23/05/1971	1:19
D045	Sensitivity in Action	06/06/1971	1:09
D046	Body and Mind	03/07/1971	1:07
D047	The Vehicle of Transcendent Energy	04/07/1971	1:13
D048	Have We Solved All Our Problems by Now?	17/07/1971	1:08
D049	Only One Step	18/07/1971	1:12
D050	Mind Seeing Itself	31/07/1971	0:58
B016	The Star and the Bubble	In Aug 1971	0:48
D051	Looking at the Word	01/08/1971	0:59
D052	Man as an Animal and as a Religious Being	11/09/1971	1:08
D053	Regarding our Neighbour	12/09/1971	1:17
D054	The Religious Mind	25/09/1971	1:13
D055	Religious Living (I)	26/09/1971	1:08
D056	Ownership of "Mind"	09/10/1971	1:02

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Cat. no.	Talk Title	Given on	Length h:mm
D057	The Mind	10/10/1971	1:06
B017	The Nature of Meditation (I)	13/10/1971	0:42
D058	Freeing Ourselves from Selfness	24/10/1971	1:09
Y005	Yoga: The <i>Cakras</i> and the Transformation of Consciousness	01/11/1971	1:05
Y006	Questions: Consciousness and Death: Physical Exercise and Meditation: <i>Mantras</i>: Identity of Religions	01/11/1971	0:41
D059	Realization of Truth is Changeless	06/11/1971	0:57
D060	Living Experience	07/11/1971	1:03
D061	<i>Karma</i> (I)	20/11/1971	1:02
D062	<i>Karma</i> (II)	21/11/1971	1:11
D063	Mind: Psyche: <i>Karma</i> (I)	04/12/1971	1:24
D064	Mind: Psyche: <i>Karma</i> (II)	05/12/1971	1:11
D065	On Being	18/12/1971	0:56
D066	Learning to Be	19/12/1971	0:52
D067	Attend to the Now	01/01/1972	0:59
D068	Memory	02/01/1972	1:00
D069	By Grasping We Obstruct the Absolute	15/01/1972	0:55
D070	Total Attention	16/01/1972	0:59
D071	The Elements	29/01/1972	1:04
D072	The Vedas	30/01/1972	1:13
D073	The Exploitation of the Elements	12/02/1972	1:13

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Cat. no.	Talk Title	Given on	Length h:mm
D074	Let Things Be	13/02/1972	1:11
D075	There is Nothing for Me	26/02/1972	0:52
D076	An Island Called Myself	27/02/1972	1:08
D077	Attachment-Aversion to the Elements	11/03/1972	1:09
D078	Desire (II)	12/03/1972	0:56
D079	Wisdom	25/03/1972	0:51
D080	The Eternal Now	26/03/1972	0:44
D081	Deathlessness	08/04/1972	0:51
D082	Self-Perpetuation	09/04/1972	0:46
D083	The Pure State	22/04/1972	0:43
D084	The Root Delusion	23/04/1972	0:41
D085	The Death of Entity-Self	20/05/1972	0:47
D086	Death	21/05/1972	1:01
D087	The Root of Duality	03/06/1972	1:03
D088	Love (I)	04/06/1972	0:51
D089	The Religious Life	16/06/1972	0:53
D090	The Body (I)	30/06/1972	0:43
D091	The Body (II)	01/07/1972	0:54
D092	The Body (III)	02/07/1972	0:48
D093	The Body (IV)	15/07/1972	0:50

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Cat. no.	Talk Title	Given on	Length h:mm
D094	The Body (V)	16/07/1972	0:54
D095	Sensitivity-Fulfilment (I)	28/07/1972	0:38
D096	Sensitivity-Fulfilment (II)	29/07/1972	0:43
B018	Buddhism and Yoga	28/08/1972	1:01
D097	Violence (I)	08/09/1972	0:53
D098	Violence (II)	09/09/1972	1:04
D099	Violence (III)	10/09/1972	1:06
D100	Sensitive Watchfulness	22/09/1972	0:50
D101	Problems and their Resolution	23/09/1972	0:45
D102	Immaturity and Maturity	24/09/1972	0:53
D103	"Appearances are Deceptive" (I)	06/10/1972	0:52
D104	"Appearances are Deceptive" (II)	07/10/1972	0:52
D105	Appearance and Reality - Yoga	08/10/1972	0:47
D106	The Goal (II)	21/10/1972	0:49
D107	The Goal (III)	22/10/1972	0:46
D108	Historical Background to Hinduism and Buddhism (I)	04/11/1972	0:49
D109	Historical Background to Hinduism and Buddhism (II)	05/11/1972	0:51
D110	The Source of Man's Conceptions of Spiritual Hierarchies	18/11/1972	0:51
D111	The Idea of Spirits	19/11/1972	0:51
D112	Varuṇa and Indra (I)	01/12/1972	0:53

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Cat. no.	Talk Title	Given on	Length h:mm
D113	Varuṇa and Indra (II)	02/12/1972	0:43
D114	Varuṇa and Indra (III)	03/12/1972	0:58
D115	Agni (I)	16/12/1972	0:59
D116	Agni (II)	17/12/1972	1:00
D117	Agni and Soma	29/12/1972	0:55
D118	Soma	30/12/1972	1:00
D119	Rituals: Soma	31/12/1972	0:56
D120	Viśvakarman and Hiraṇyagarbha (I)	12/01/1973	0:53
D121	Viśvakarman and Hiraṇyagarbha (II)	14/01/1973	1:00
D122	Yama: Immortality (I)	26/01/1973	0:46
D123	Yama: Immortality (II)	27/01/1973	0:52
D124	Yama: Immortality (III)	28/01/1973	0:49
D125	Silence: Immortality	10/02/1973	0:39
D126	The Silence: <i>Dhyānas</i> and <i>Samāpattis</i>	11/02/1973	0:50
D127	Atharva-Veda and the Upaniṣads	23/02/1973	0:48
D128	Atharva-Veda: <i>Brahman-Ātman</i>	24/02/1973	0:53
D129	Atharva-Veda: Denudation of the Mind	25/02/1973	0:52
D130	<i>Brahman-Ātman</i>	10/03/1973	0:56
D131	The Upaniṣads	11/03/1973	0:57
D132	Bṛihadāraṇyaka and Īśā Upaniṣads	23/03/1973	1:02

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Cat. no.	Talk Title	Given on	Length h:mm
D133	The Ātman: Neti, Neti: "The Imperishable"	24/03/1973	0:47
D134	Meditation (I)	25/03/1973	1:02
D135	Deliverance from Ill: Discipline	07/04/1973	0:59
D136	The Interdependence of Realization and Discipline	08/04/1973	0:59
D137	"Subjects" of Vedic Knowledge (I)	04/05/1973	0:48
D138	"Subjects" of Vedic Knowledge (II)	05/05/1973	0:59
D139	"Subjects" of Vedic Knowledge (III)	06/05/1973	1:00
D140	Yājñavalkya's Discourse on Love (I)	18/05/1973	1:00
D141	Yājñavalkya's Discourse on Love (II)	19/05/1973	0:55
D142	Yājñavalkya's Discourse on Love (III)	20/05/1973	1:00
CA001	Love: Silence: Unity: Amity	23/05/1973	0:41
CA002	Immaculate Conception: Virgin Birth in the Religions	24/05/1973	1:13
CA003	Silence and Meditation: Wisdom of Life: Clean Unknowing: Right Receptivity	24/05/1973	0:35
CA004	Yoga: The Restoration to Wholeness	25/05/1973	0:52
CA005	Yoga: The Meaning of Holy Living	25/05/1973	0:44
CA006	General Discussion: Silence and Meditation	25/05/1973	0:48
CA007	Presentation of the Ways as 3-, 5-, 7-, 8-fold in the Religions	26/05/1973	1:30
CA008	Meditation leading to Silence	26/05/1973	0:46
CA009	The <i>Yamas</i> in the Śāṅdilya Upaniṣad	27/05/1973	0:44
CA010	Concept: Percept: Inner Sensitivity	28/05/1973	1:30

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Cat. no.	Talk Title	Given on	Length h:mm
CA011	Application of the Morning Talk to the <i>Yamas</i>: Approach of Wholeness	28/05/1973	0:39
CA012	The Religious Observances	29/05/1973	0:53
CA013	Maturing of Mind: Denudation of the Mind, leading to <i>Ātman</i>	29/05/1973	0:52
CA014	General Discussion: Fear	29/05/1973	0:40
CA015	We Exist by Virtue of Sun and Earth: Archetypal Significances of Zodiacal Signs: Earth Meditation: <i>Jhānas</i> and <i>Samāpattis</i>: Freedom and Realization of Transcendence	30/05/1973	1:34
D143	Stillness of Body and Mind (I)	15/06/1973	0:42
D144	Stillness of Body and Mind (II)	16/06/1973	0:53
D145	Stillness of Body and Mind (III)	17/06/1973	0:46
D146	Meditation (II)	13/07/1973	0:44
D147	Freedom from Illusory Image-Making (I)	14/07/1973	0:42
D148	Freedom from Illusory Image-Making (II)	15/07/1973	0:49
D149	Right Care of the Body	03/08/1973	0:59
D150	The Deep Significance of the Body	04/08/1973	1:31
D151	<i>Karma</i> and Rebirth	04/08/1973	1:29
D152	Psyche	05/08/1973	1:11
B019	Growing in Awareness	25/08/1973	0:59
B020	The Meditative State	26/08/1973	1:04
B021	Creation - Transformation, or Death and the Creative Pulse	26/08/1973	0:45
B022	The Body, the Mind	27/08/1973	1:28
B023	Constant Vigilance	28/08/1973	1:20

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Cat. no.	Talk Title	Given on	Length h:mm
B024	Right Mindfulness	29/08/1973	1:25
B025	Purification of the Mind	30/08/1973	1:27
D153	The Pulse of Creation: Life/Other Life	08/09/1973	0:57
D154	The Void (I)	09/09/1973	1:00
D155	What is the State of Communion which is the Fruit of Voidness?	21/09/1973	0:55
D156	Faith and Transcendence	22/09/1973	0:57
D157	The Social Sense and its Fruition	23/09/1973	0:56
D158	Depression: Virtue	02/11/1973	0:51
D159	Let Life Come to Flower	03/11/1973	0:56
D160	"Ignorance" - a New View	04/11/1973	0:48
D161	Royal Wedding: Human and Spiritual	16/11/1973	0:49
D162	Royal Wedding: True and Pure Mindfulness	17/11/1973	0:48
D163	Purity of Mindfulness	18/11/1973	0:51
D164	Christmas: A Holy Day (I)	14/12/1973	0:51
D165	Christmas: A Holy Day (II)	15/12/1973	0:58
D166	Christmas: A Holy Day (III)	16/12/1973	1:01
D167	"Come Unto Me and I Will Give You Rest" (I)	11/01/1974	0:41
D168	"Come Unto Me and I Will Give You Rest" (II)	12/01/1974	0:47
D169	"Come Unto Me and I Will Give You Rest" (III)	13/01/1974	0:50
D170	"I am the 'I' that has Given Up 'I'"	08/02/1974	0:47

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Cat. no.	Talk Title	Given on	Length h:mm
D171	The Meaning of Attention	09/02/1974	0:52
D172	Insight: Attention: <i>Cit</i>	10/02/1974	1:01
D173	Pleasure: Happiness: Communion (I)	08/03/1974	0:55
D174	Pleasure: Happiness: Communion (II)	09/03/1974	0:56
D175	An Extended Meditation	10/03/1974	0:48
D176	<i>Śūnyatā</i>: Easter	05/04/1974	0:55
D177	Easter, and the Task Before Us	06/04/1974	1:03
D178	"<i>Eloi, Eloi, Lama Sabachthani</i>"	07/04/1974	1:03
P001	Learning: Discipleship: Silence	08/05/1974	0:41
P002	Lynchpin of Religion: Discipline: Maturing of the Mind: Freedom	09/05/1974	1:13
P003	The Nature of Meditation (II)	09/05/1974	0:28
P004	Mindfulness: Growing to Egohood and Egoless Being: Sense Pleasures and <i>Vāsanās</i>	10/05/1974	1:28
P005	Discussion: Drive and Desire	10/05/1974	0:46
P006	"Put Aside with Right Wisdom": Emptying the Mind: Selflessness	11/05/1974	1:31
P007	The Zodiac (III)	11/05/1974	1:07
P008	<i>Mūlādhāra</i> to <i>Sahasrāra</i>	13/05/1974	1:29
P009	Qualities of the Teachers	13/05/1974	0:28
P010	Adam, Eve, and Eden	14/05/1974	0:45
P011	Indra, Ahi-Vṛtra, and Budhnya	14/05/1974	0:43
P012	Discussion: Love	14/05/1974	0:55

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Cat. no.	Talk Title	Given on	Length h:mm
P013	Yama: Avasthās: Jhāna - Samāpatti	15/05/1974	1:31
P014	Meditation: Śīlas: Mettā: Karuṇā: Śānti: Earth: Patience: Forbearance	15/05/1974	0:20
P015	"Whatsoever Begins... Ends" - Farewell Address - Meditation - Mettā	16/05/1974	0:32
D179	Discussion of Problems	07/06/1974	0:59
D180	Sati	08/06/1974	1:02
D181	Love (II)	09/06/1974	0:54
D182	Mantra: Word of Power (I)	05/07/1974	0:54
D183	Mantra: Word of Power (II)	06/07/1974	0:52
D184	Karma and Rebirth: Meditation	07/07/1974	1:01
D185	The Teachings of Religion are Esoteric	02/08/1974	0:50
D186	Mindfulness - and the Obstacles to it	03/08/1974	0:51
D187	The Healing of the Mind	04/08/1974	0:39
E001	What It Means to be Human	15/09/1974	0:50
D188	The Healing of the World	05/10/1974	0:44
D189	The Healing of the Psyche	06/10/1974	0:48
D190	Obstacles to Mindfulness (I)	18/10/1974	0:56
D191	Purification of Mind	19/10/1974	0:51
D192	Obstacles to Mindfulness (II)	20/10/1974	0:53
D193	The State of the World and its Healing	08/11/1974	0:53
D194	Love (III)	09/11/1974	0:53

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Cat. no.	Talk Title	Given on	Length h:mm
D195	Love (IV)	10/11/1974	0:56
D196	Past Memory: Present Attention (I)	29/11/1974	0:47
D197	Past Memory: Present Attention (II)	30/11/1974	0:48
D198	Past Memory: Present Attention (III)	01/12/1974	0:52
D199	"Music of the Spheres": Transcendent Marriage of Heaven and Earth	13/12/1974	0:51
D200	Transmutation by Genius	14/12/1974	0:55
D201	The Marriage Made in Heaven: Discord into Concord	15/12/1974	0:53
D202	Right Pleasure	03/01/1975	0:44
D203	Pleasure: Destiny and Fate	04/01/1975	0:48
D204	Happiness: Destiny and Fate	05/01/1975	1:00
D205	The Self	24/01/1975	0:56
D206	The Influence of Religious Living on World Conditions	25/01/1975	0:47
D207	Life Rhythm in Love: The <i>Brahmavihāras</i>	26/01/1975	0:57
D208	The Religious Life: The Human Life	07/02/1975	1:01
D209	Love: Transmuter and Healer	08/02/1975	0:56
D210	Ways of Living the Religious Life	09/02/1975	1:01
D211	Living Religiously in the Worldly Environment	28/02/1975	0:53
D212	The Key to Living Religiously in the World	01/03/1975	0:42
D213	Mindfulness is the Key	02/03/1975	0:58
D214	The Condition of Supreme Communion (I)	21/03/1975	0:57

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Cat. no.	Talk Title	Given on	Length h:mm
D215	The Condition of Supreme Communion (II)	22/03/1975	0:47
D216	The <i>Silas</i>	23/03/1975	0:51
E002	"Adam, Where Art Thou?"	03/04/1975	0:42
E003	The Divine Creation	03/04/1975	0:53
E004	The Earth Meditation	04/04/1975	0:53
E005	One's Own Being is One's Proper Path	04/04/1975	0:56
E006	The Happiness of the Religious Life	05/04/1975	0:53
E007	"Just the Path is Enlightenment: Just Enlightenment is the Path"	05/04/1975	0:47
E008	The Profound Significance of the Crucifixion: The Supreme Relinquishment	06/04/1975	0:53
E009	The Sacrifice of the Body: The Denudation of the Mind	06/04/1975	0:58
E010	The Meaning of the Silence	07/04/1975	0:47
E011	Your Living Being is the Holy Cup	07/04/1975	0:58
E012	In the House of Life is a Door named Death	08/04/1975	0:31
E013	Some Practical Aspects of Living the Religious Life	08/04/1975	0:53
D217	What Have We Realized?	18/04/1975	0:48
D218	State of Communion	19/04/1975	1:00
D219	Commonsense and Good Sense	20/04/1975	0:46
D220	Modes of Awareness (I)	09/05/1975	0:51
D221	Are We Growing in Self-Knowledge?	10/05/1975	0:56
D222	The Fulfilment of Man	11/05/1975	0:59

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Cat. no.	Talk Title	Given on	Length h:mm
P016	Do We Know Each Other?	23/05/1975	0:51
P017	Love: Worship: Prayer	24/05/1975	1:01
P018	Really Looking	24/05/1975	0:54
P019	Divine Love	25/05/1975	0:56
P020	An Exercise in Harmony	25/05/1975	0:17
P021	The Death of the Known	26/05/1975	0:52
P022	Transcendent Mind: Supreme Communion	27/05/1975	0:56
P023	Love, Sex, Celibacy	27/05/1975	0:53
P024	The Silence Speaks to Us	29/05/1975	1:02
P025	Our Power of Attentiveness is our Instrument of Salvation	29/05/1975	1:02
D223	Self-Preoccupation	13/06/1975	0:32
D224	Implications of the Term "One Total Reality"	14/06/1975	0:48
D225	The One Total Reality	15/06/1975	0:59
D226	Our Approach to and Understanding of the Religious Life	04/07/1975	0:47
D227	The Worldling and the Religieux	05/07/1975	0:48
D228	What Do We Really Care For?	06/07/1975	0:48
D229	Signs and Implications of "Total Awareness" (I)	25/07/1975	0:49
D230	Signs and Implications of "Total Awareness" (II)	26/07/1975	0:48
D231	Total Attentiveness (I)	27/07/1975	0:58
D232	Right Thinking (I)	15/08/1975	0:45

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Cat. no.	Talk Title	Given on	Length h:mm
D233	Right Thinking (II)	16/08/1975	0:45
D234	Right Thinking: Right Mindfulness	17/08/1975	0:51
B026	The Buddha's Lesser Discourse on the Void	23/08/1975	1:13
B027	The Buddha's Abiding in Emptiness	24/08/1975	0:52
B028	The Buddha's Greater Discourse on the Void	25/08/1975	0:47
B029	<i>Karma</i> - Rebirth	26/08/1975	1:28
B030	The Pith Sutra	27/08/1975	0:54
B031	The Creative Pulse	27/08/1975	0:57
B032	Meditation, the Timeless Conjugation	28/08/1975	0:54
E014	What do we Mean by Meditation?	19/09/1975	0:36
E015	Happiness	19/09/1975	0:57
E016	Meditation and Meditative Walking (I)	20/09/1975	0:43
E017	Purification	20/09/1975	0:53
E018	Meditation and Meditative Walking (II)	21/09/1975	0:54
E019	Look Within	21/09/1975	0:53
E020	Complete Attention: Meditation and Meditative Walking	22/09/1975	1:01
E021	Let the Light Shine	22/09/1975	0:53
D235	The Meaning of "My Self"	24/10/1975	1:00
D236	What is Our Whole Being - the "Self"?	25/10/1975	0:56
D237	What is the "Self"?	26/10/1975	1:01

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Cat. no.	Talk Title	Given on	Length h:mm
D238	Religiousness in Action	14/11/1975	0:50
D239	The True Cause of the Increasing Ill of the World	15/11/1975	0:54
D240	<i>Suṣupti</i>: Immortality: Reality and the Healing of the Mind	16/11/1975	0:54
D241	Sonship	05/12/1975	0:47
D242	The Healing of the Mind	06/12/1975	0:54
D243	The Perfected Holy Ones	07/12/1975	0:54
D244	The Significance of Attentiveness	02/01/1976	0:51
D245	Perfect Attentiveness and the Senses	03/01/1976	0:49
D246	Caring for Religion	04/01/1976	1:00
K001	Transformation of Awareness	17/01/1976	1:27
D247	Yoga (I)	23/01/1976	0:58
D248	The Reception and Transmission of Energy	24/01/1976	0:49
D249	This Holy Day - the Conversion of St. Paul	25/01/1976	0:59
D250	Life-Rhythm (I)	06/02/1976	0:42
D251	<i>Prānāyāma</i>	07/02/1976	0:35
D252	Life-Rhythm (II)	08/02/1976	0:44
K002	The New World of Mind and Consciousness	14/02/1976	1:30
Y007	Yoga Teachers Meeting	18/02/1976	1:06
D253	Right Attentiveness: Response: Transformation	20/02/1976	0:34
D254	The Importance of Attentiveness	21/02/1976	0:44

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Cat. no.	Talk Title	Given on	Length h:mm
D255	The Implications of Total Awareness	22/02/1976	0:40
D256	Striving	12/03/1976	0:39
D257	Death: Unification: Love	13/03/1976	0:39
D258	Death: Perfector, Liberator, Consummator	14/03/1976	0:38
D259	The World State Depends on Children's Upbringing (I)	26/03/1976	0:37
D260	The Family and the Individual	27/03/1976	0:48
D261	Each is a Receptor and Transmitter of Transcendent Energies	28/03/1976	0:57
D262	The World State Depends on Children's Upbringing (II)	09/04/1976	0:29
D263	Hui-Neng: Sudden Enlightenment	10/04/1976	1:00
D264	Zen	11/04/1976	0:31
K003	Life is not Finite - It is!	01/05/1976	1:28
D265	The Religious Approach to Disaster, Illness and Death (I)	07/05/1976	0:41
D266	The Religious Approach to Disaster, Illness and Death (II)	08/05/1976	0:48
D267	The Religious Approach to Disaster, Illness and Death (III)	09/05/1976	0:46
D268	What Sort of Man is the Master?	21/05/1976	0:42
D269	<i>Karma</i> and Other Questions	22/05/1976	1:01
D270	The Teacher-Pupil and their Relationship	23/05/1976	0:59
D271	The Real Way	04/06/1976	1:02
D272	Recurring Problems	05/06/1976	0:52
D273	<i>Mantra</i>: Word of Power (III)	06/06/1976	0:58

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Cat. no.	Talk Title	Given on	Length h:mm
K004	Faith, Belief and Death	12/06/1976	1:23
P026	Self Discipline	15/06/1976	0:48
P027	Earth Meditation: Meditative Walking	15/06/1976	0:54
P028	The Divine Names	16/06/1976	0:44
P029	Discussion: Words: Compassion: Healing	16/06/1976	1:07
P030	Yoga: Mantras, Use and Misuse	16/06/1976	1:19
P031	The Qabalah (I)	17/06/1976	0:45
P032	The Qabalah (II)	17/06/1976	0:40
P033	Questions: The Family: The Ancient Wisdom: True Compassion	17/06/1976	0:57
P034	Hindu and Buddhist Presentations of the Self	19/06/1976	1:00
P035	Learning by Growing Happily	19/06/1976	0:55
P036	Discussion: A New Conception of Matter: The Life/Other Life Pulse: Aloneness	19/06/1976	0:25
P037	States of Awareness	19/06/1976	1:01
P038	The <i>Cakras</i>	20/06/1976	0:52
P039	The Zodiac (IV)	20/06/1976	1:20
P040	Questions: Joy and Sorrow: Power: The Genius of Beethoven: Death	20/06/1976	1:01
P041	The Learning, the Working and the Growing	21/06/1976	0:27
D274	Attentiveness	18/07/1976	0:54
D275	The Lightning of Transcendence	13/08/1976	0:56
D276	Man: A Nexus for Transcendent Energy	14/08/1976	0:48

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Cat. no.	Talk Title	Given on	Length h:mm
D277	Silence: The Word	15/08/1976	0:59
B033	Essence of Mind	28/08/1976	0:56
B034	The <i>Brahmacarya</i>	29/08/1976	0:59
B035	Starting from the Other Shore	29/08/1976	0:55
B036	The Immensity: The Imperishable	30/08/1976	0:59
B037	The Deathful and the Deathless	31/08/1976	0:57
B038	The Naming of the Angels and Devas	01/09/1976	0:46
B039	Buddhahood: The Tathāgata is the Giver of the Deathless	01/09/1976	0:49
B040	Gathering the Fruits of Virtue and of Knowledge	02/09/1976	0:48
E022	Meditative Walking: Allowing Communion to Emerge	24/09/1976	0:58
E023	Living in Communion - We Have the Power to Choose	24/09/1976	0:52
E024	Meditative Walking: Taking in All that is Present	25/09/1976	0:53
E025	Divine Love	25/09/1976	0:45
E026	Our Touch with the Universal Mother: Meditative Walking	26/09/1976	0:51
E027	Living Fully as the True Human	26/09/1976	0:54
E028	Right Happiness: Meditative Walking	27/09/1976	0:59
E029	The True Individual	27/09/1976	0:50
D278	Meaning of Meditation (I)	15/10/1976	0:57
D279	Meaning of Meditation (II)	16/10/1976	0:55
D280	Meaning of Meditation (III)	17/10/1976	0:56

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Cat. no.	Talk Title	Given on	Length h:mm
D281	Meaning of Meditation (IV)	26/11/1976	0:56
D282	Brain and Mind	27/11/1976	0:49
D283	Meaning of Meditation (V)	28/11/1976	0:52
Y008	The Origin and Development of Yoga: The Yoga Upaniṣads	11/12/1976	0:58
Y009	Yoga: The <i>Cakras</i>: Śiva-Śakti	11/12/1976	1:03
D284	Religious Living (II)	07/01/1977	0:46
D285	See Fact as Fact (In the Seeing There is Only the Seen)	08/01/1977	0:59
D286	Religiousness: Implications of <i>Sīla</i> and <i>Samādhi</i>	09/01/1977	1:00
D287	Considering Together: Mindfulness (I)	21/01/1977	0:52
D288	Considering Together: Mindfulness (II)	23/01/1977	0:36
D289	Doubt - and Similar Problems	18/03/1977	0:41
D290	Problems	19/03/1977	0:46
D291	Modes of Awareness (II)	20/03/1977	0:58
D292	Longings	15/04/1977	0:51
D293	Religious Longings (I)	16/04/1977	0:52
D294	Religious Longings (II)	17/04/1977	1:02
D295	Virtue	29/04/1977	0:44
D296	"Child of the Immortal Light" (I)	30/04/1977	0:44
D297	"Child of the Immortal Light" (II)	01/05/1977	0:39
P042	Learning Happily	16/05/1977	0:05

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Cat. no.	Talk Title	Given on	Length h:mm
P043	Holy Day (I)	17/05/1977	0:41
P044	Let There be Total Seeing, Total Hearing: Meditative Walking	17/05/1977	0:42
P045	Holy Day (II)	18/05/1977	0:49
P046	Questions: Energy: Power: Self-Centredness: Suffering: The Goal	18/05/1977	0:59
P047	Every Day is a Holy Day	19/05/1977	0:56
P048	Speech	21/05/1977	0:46
P049	Discussion: Anger: Energy: Yama and Naciketas: The Fear of Death	21/05/1977	0:41
P050	Holy Day (III)	22/05/1977	0:43
P051	Discussion: Doubt	22/05/1977	1:02
P052	The Miracle that can Manifest through Man	23/05/1977	0:27
D298	Yoga (II)	09/07/1977	1:01
D299	Pain and Suffering	15/07/1977	1:05
D300	Considering Together	16/07/1977	0:48
D301	Self-Discipline: Conflict: Language	17/07/1977	0:51
K005	The Total Revolution	30/07/1977	1:32
B041	The Aryan Silence (I): Instructions for Study and Meditation Week	26/08/1977	0:36
B042	The Aryan Silence (II)	27/08/1977	0:57
B043	The Aryan Silence (III): Meditative Walking	27/08/1977	0:32
B044	The Aryan Silence (IV)	27/08/1977	1:00
B045	The Aryan Silence (V)	28/08/1977	0:56

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Cat. no.	Talk Title	Given on	Length h:mm
B046	The Aryan Silence (VI)	28/08/1977	1:01
B047	The Aryan Silence (VII)	29/08/1977	1:01
B048	Questions: Suicide: Prayer: The Marriage made in Heaven: The Eternal Order: Emotions: Health: Mindfulness: The <i>Ātma</i>	29/08/1977	1:02
B049	The Aryan Silence (VIII)	30/08/1977	0:49
B050	Questions: Yoga: Cosmic Energies: Entry into the <i>Jhānas</i>	30/08/1977	0:38
B051	The Aryan Silence (IX)	31/08/1977	0:57
B052	The Aryan Silence (X)	31/08/1977	0:59
B053	The Aryan Silence (XI)	01/09/1977	1:21
B054	Questions: Purification of the Body: Fruition: Meditation: Wrong Aspiration: Closing Address: Destiny and Fate	01/09/1977	0:54
E030	Why Do We Come to Elmau?: Meditative Walking	22/09/1977	1:00
E031	Let There be Listening, Looking, without Judgement	22/09/1977	1:01
E032	The Beauty, the Marvel of Death	23/09/1977	0:44
E033	The Human - The Happy Creator	23/09/1977	0:54
E034	The Eternal Song of Life	24/09/1977	0:40
E035	Mind is Transcendence Meditating	24/09/1977	0:59
E036	The State of Innocence	25/09/1977	0:58
E037	The Waters of Eternal Life	25/09/1977	0:38
D302	Religious Living (III)	28/10/1977	1:02
D303	Healing the World	29/10/1977	0:41
D304	"I Know, and Am, Nothing"	30/10/1977	0:41

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Cat. no.	Talk Title	Given on	Length h:mm
Y010	The Worldling and the Yogi: Questions: Meditation: Aversion: Evil: Satan: Judas Iscariot	10/12/1977	1:35
D305	<i>Anattā</i>	06/01/1978	0:45
D306	<i>Ātman and Anattā (I)</i>	07/01/1978	0:46
D307	<i>Ātman and Anattā (II)</i>	08/01/1978	0:49
D308	Mind: Psyche: Earth Meditation (I)	03/02/1978	0:58
D309	Mind: Psyche: Earth Meditation (II)	04/02/1978	1:01
D310	Mind is Transcendence Meditating: Earth Meditation	05/02/1978	1:02
D311	Purpose of Existence	10/03/1978	0:40
D312	The Transmission: Purpose of Existence	11/03/1978	0:43
D313	The Elijah-Elisha Transmission	12/03/1978	0:47
Y011	Yoga: Its Full Meaning and Purpose	05/05/1978	1:07
D314	<i>Re-legere and Re-ligare (I)</i>	16/06/1978	0:44
D315	<i>Re-legere and Re-ligare (II)</i>	17/06/1978	0:39
D316	<i>Re-legere and Re-ligare (III)</i>	18/06/1978	0:39
D317	Total Commitment (I)	21/07/1978	0:43
D318	Total Commitment (II)	22/07/1978	0:44
D319	Total Commitment (III)	23/07/1978	0:40
D320	We are Creatures of Feeling (I)	18/08/1978	0:40
D321	We are Creatures of Feeling (II)	19/08/1978	0:46
D322	Feelings: Thought: Desires	20/08/1978	0:45

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Cat. no.	Talk Title	Given on	Length h:mm
B055	Membership and Discipleship	02/09/1978	0:44
B056	True <i>Samādhi</i> is a Natural Living State: Questions	02/09/1978	0:46
B057	Consciousness: Mind: Matter	03/09/1978	0:59
B058	Questions: <i>Samādhi</i>	03/09/1978	0:32
B059	The Turning About in the Deepest Seat of Consciousness	04/09/1978	0:44
B060	Question: Rebirth	04/09/1978	0:40
B061	The Unreserved Giving of One's Whole Being	05/09/1978	0:48
B062	Questions: Purification: Hypnotism: Grace	05/09/1978	0:40
B063	Insight: Wisdom: Compassion	06/09/1978	0:46
B064	Questions: Our Conditioning: Fear: The Use of the <i>Mantra</i>	06/09/1978	0:46
B065	The Five Poisons	07/09/1978	0:46
B066	Be Awake <i>Now!</i>	07/09/1978	0:40
E038	The Supreme Suffering	21/09/1978	0:51
E039	What is Mind?	22/09/1978	0:57
E040	The Illusion of the Personal Entity	23/09/1978	0:57
E041	The Power of Divine Love	24/09/1978	0:52
D323	Discipline: Relationships: Difficulties	13/10/1978	0:44
D324	"Love Thy Neighbour as Thyself"	14/10/1978	0:52
Z001	Zarathushtra's Transcendental Vision of Ahura Mazda	12/11/1978	0:54
D325	The Silence (I)	24/11/1978	0:40

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Cat. no.	Talk Title	Given on	Length h:mm
D326	The Silence (II)	25/11/1978	0:47
D327	The Silence (III)	26/11/1978	0:44
Y012	Yoga in Daily Life	09/12/1978	0:48
Y013	Questions: Yoga in Daily Life	09/12/1978	0:43
D328	The Eternal Silence	05/01/1979	0:51
D329	The Senses as Cords of Communion	06/01/1979	0:33
D330	The Silence of Eternity	07/01/1979	0:48
D331	Perceiving the Life-Trend	09/02/1979	0:56
D332	The Transformation of the Subhuman	10/02/1979	0:36
D333	The Diamond Sutra	11/02/1979	0:57
D334	Perceptions - and the Truth	09/03/1979	0:44
D335	Unconditioned Freedom of Mind (I)	10/03/1979	0:47
D336	Unconditioned Freedom of Mind (II)	11/03/1979	0:44
D337	Consciousness (I)	06/04/1979	0:35
D338	Consciousness (II)	07/04/1979	0:49
D339	Consciousness (III)	08/04/1979	0:43
Z002	The Meaning and Significance of Religion	22/04/1979	0:53
Z003	Questions: Matter and Energy: Education of Zarathushtrian Children: Meditation: Names	22/04/1979	0:35
D340	Are We Really Living the Religious Life?	04/05/1979	0:44
D341	Destiny and Fate	05/05/1979	0:40

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Cat. no.	Talk Title	Given on	Length h:mm
D342	<i>Dhamma</i> and the Heart of Religion	06/05/1979	0:46
Z004	The Light of Zarathustrianism	13/05/1979	0:38
Z005	Questions: The Zarathushtrian Faith and Life: Prayer: Self-Renunciation	13/05/1979	0:18
D343	The Supreme Meditative State	06/07/1979	0:44
D344	In the Beginning	07/07/1979	0:48
D345	Perfect Man	08/07/1979	0:42
D346	Timeless Conjugation (I)	10/08/1979	0:48
D347	Timeless Conjugation (II)	11/08/1979	0:43
D348	Timeless Conjugation (III)	12/08/1979	1:03
B067	We <i>Grow</i> into the Truth - We Never <i>Acquire</i> It	01/09/1979	0:41
B068	Questions: The Teacher	01/09/1979	0:30
B069	The Giver of the Deathless	02/09/1979	0:52
B070	The Marriage made in Heaven: Questions: Aversion: Non-Attachment: Whole-Making	02/09/1979	0:39
B071	Virtue: Suffering	03/09/1979	0:52
B072	Question: The "Vile" Body	03/09/1979	0:37
B073	Allaying the Fever of Desire	04/09/1979	0:59
B074	Questions: Comparison of the Religions: Reincarnation	04/09/1979	0:33
B075	The Deeps of Meditation	05/09/1979	0:57
B076	Questions: <i>Anattā</i>: The Pulse of Creation: Reincarnation: <i>Suṣupti</i>	05/09/1979	0:46
B077	Meditation: <i>Samādhi</i>: Question: <i>Karma</i>, Reincarnation and the Holy Life	06/09/1979	0:47

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Cat. no.	Talk Title	Given on	Length h:mm
B078	Wise Compassion: Compassionate Wisdom	06/09/1979	0:38
E042	Living in Harmony with Nature	06/10/1979	0:40
E043	Unknowing	07/10/1979	0:44
D349	<i>Puruṣa</i> (I)	02/11/1979	0:55
D350	<i>Puruṣa</i> (II)	03/11/1979	0:28
D351	"The Mount of the Lord"	04/11/1979	0:38
D352	Self-Awareness	10/02/1980	0:30
D353	The Sense of the Trend of Life	23/02/1980	0:51
D354	Have We Become True Human Beings?	22/03/1980	0:53
D355	Transcendence is Infinite and Self-Replenishing	23/03/1980	0:40
D356	The New Individual	26/04/1980	0:53
D357	Birth and Death	27/04/1980	0:38
D358	The Life-Death Pulse (I)	17/05/1980	0:40
D359	The Life-Death Pulse (II)	18/05/1980	0:42
E044	Happiness and Suffering	16/06/1980	0:42
E045	"Man Verily is God: God Verily is Man"	17/06/1980	0:53
D360	The Sigālovāda Suttanta (I)	05/07/1980	0:47
D361	The Sigālovāda Suttanta (II)	06/07/1980	0:44
D362	Senses: Thinking: Purification: <i>Ātman</i>	01/08/1980	0:29
D363	<i>Ātman</i>	02/08/1980	0:28

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Cat. no.	Talk Title	Given on	Length h:mm
D364	Purification of the Senses	03/08/1980	0:32
B079	"I go to the Buddha for Refuge" (I)	23/08/1980	0:31
B080	Who is the Buddha? (I)	24/08/1980	0:39
B081	The <i>Sangha</i>	25/08/1980	0:40
B082	Steps on the Path	26/08/1980	0:50
B083	Being and Non-Being: Question: Rebirth and Death	27/08/1980	0:53
B084	Question: <i>Karma</i>, Rebirth and the Living of the Moral Life	28/08/1980	0:32
D365	Living the Religious Life	12/09/1980	0:45
D366	Good Manners	13/09/1980	0:45
D367	"Marriages Were Made in Heaven"	14/09/1980	0:47
D368	The Purpose of Religious Life	10/10/1980	0:42
D369	The Void (II): Questions	11/10/1980	0:44
D370	Consciousness (IV)	12/10/1980	0:43
D371	Proliferation of Consciousness	08/11/1980	0:42
D372	What Am I to Do?	09/11/1980	0:46
D373	Living Religiously	05/12/1980	0:45
D374	Happiness (I)	06/12/1980	0:40
D375	Happiness (II)	07/12/1980	0:50
D376	<i>Karma</i> (III)	16/01/1981	0:41
D377	<i>Karma</i> (IV)	17/01/1981	0:43

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Cat. no.	Talk Title	Given on	Length h:mm
D378	<i>Karma (V)</i>	18/01/1981	0:45
D379	<i>Karma (VI)</i>	13/02/1981	0:47
D380	<i>Karma (VII)</i>	14/02/1981	0:39
D381	<i>Karma (VIII)</i>	15/02/1981	0:46
D382	The Great Teachers' Affirmations and Promises	13/03/1981	0:41
D383	Love (V)	14/03/1981	0:46
D384	The Promise	15/03/1981	0:46
CS001	Living Humanly: The Two Aspects of the Human Species	09/04/1981	0:40
CS002	Questions: Negativity: Catalysts: The <i>Cakras</i>: Freeing Ourselves: Death	09/04/1981	0:51
CS003	Question: The Role of Judas Iscariot	10/04/1981	0:50
CS004	The Ultimate Origin: The Thought in the Mind of God	11/04/1981	0:56
CS005	Questions: Expressions of Truth: The Sense of Transcendence: Envy: The Vulnerability of Innocence	11/04/1981	0:35
CS006	Consciousness, Speech and Silence	13/04/1981	0:52
CS007	Questions: Baptism: "Resist not Evil" and the Gita: Beliefs: "My Word Shall Not Pass Away"	14/04/1981	0:37
CS008	The Heart Sutra (II)	15/04/1981	0:54
CS009	The Light that Shines by Day and Night	15/04/1981	0:31
D385	The Realm of Unitary Wholeness is the Realm of Silence	01/05/1981	0:46
D386	Meaning and Significance of Consciousness	02/05/1981	0:45
D387	Affirmations of Transcendence	03/05/1981	0:48
D388	Supreme Knowledge Belongs to Unified Awareness	12/06/1981	0:41

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Cat. no.	Talk Title	Given on	Length h:mm
D389	The Conditioned Mind and Freedom Therefrom	13/06/1981	0:48
D390	<i>Viññāṇa: Ānanda</i>	14/06/1981	0:33
D391	"Effort" and the Religious Life (I)	03/07/1981	0:26
D392	"Effort" and the Religious Life (II)	04/07/1981	0:48
D393	"Effort" and the Religious Life (III)	05/07/1981	0:44
D394	Why Do We Turn to Religion? (I)	07/08/1981	0:44
D395	Why Do We Turn to Religion? (II)	08/08/1981	0:44
D396	Why Do We Turn to Religion? (III)	09/08/1981	0:37
B085	The Invocation and its Meaning	29/08/1981	1:22
B086	The Inner Nature of Consciousness: Questions: The Teacher: Taking Life	30/08/1981	1:31
B087	The Law of <i>Karma</i>: Question: The Tree of Life	31/08/1981	1:21
B088	Do We Really Know <i>Dukkha</i>?: Questions: Chance and Accident: Starting from Transcendence	01/09/1981	1:25
B089	Origins of Beliefs in Reincarnation and Rebirth: Questions: Creation: <i>Avidyā</i>: Entropy: Plans, Aims, Decisions	02/09/1981	1:24
B090	The Buddha, the Lord of Compassion and Wisdom	03/09/1981	1:21
D397	Meditation (III)	11/09/1981	0:39
D398	Meditation (IV)	12/09/1981	0:45
D399	Meditation (V)	13/09/1981	0:43
D400	Meditation (VI)	16/10/1981	0:44
D401	Meditation (VII)	17/10/1981	0:39
D402	Meditation (VIII)	18/10/1981	0:45

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Cat. no.	Talk Title	Given on	Length h:mm
D403	Meditation (IX)	13/11/1981	0:40
D404	Meditation (X)	14/11/1981	0:42
D405	Meditation (XI)	15/11/1981	0:43
D406	Meditation (XII)	12/12/1981	0:43
D407	Meditation (XIII)	13/12/1981	0:39
D408	Good Works (I)	15/01/1982	0:37
D409	Good Works (II)	16/01/1982	0:45
D410	Good Works (III)	17/01/1982	0:42
D411	After Twenty Years (I)	12/02/1982	0:47
D412	After Twenty Years (II)	13/02/1982	0:41
D413	The Teachers of Ancient India	14/02/1982	0:46
D414	Quietness and Silence (I)	12/03/1982	0:44
D415	Quietness and Silence (II)	13/03/1982	0:39
D416	Quietness and Silence (III)	14/03/1982	0:41
D417	The Silence (IV)	16/04/1982	0:42
D418	The Silence (V)	17/04/1982	0:36
D419	Death: Silence	18/04/1982	0:47
D420	The Right Use of the Senses (I)	21/05/1982	0:44
D421	The Right Use of the Senses (II)	22/05/1982	0:44
D422	The Right Use of the Senses (III)	23/05/1982	0:48

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Cat. no.	Talk Title	Given on	Length h:mm
CS010	The Universality of Death	19/06/1982	0:44
CS011	Questions and Discussion: Euthanesia: Energy: The Constitution of Humanity	19/06/1982	0:37
CS012	The Marvel of the Living Body	21/06/1982	0:46
CS013	Questions: Food: Illness: A Time of Change: The Psyche: The Trinity	21/06/1982	0:41
CS014	Dying Transformatively	23/06/1982	0:56
CS015	Questions: Prayer: The Old Testament and the Qabalah: Death: The Enlightenment of Jesus: Grace: The "Stock"	24/06/1982	0:40
CS016	The Tyranny of the "I-am-I" Consciousness	25/06/1982	0:32
D423	Man and the Ape	16/07/1982	0:38
D424	Religious Education for One's Children	17/07/1982	0:40
D425	The Blissful Creator	18/07/1982	0:41
B091	The Spirit of Religion: Questions: "The Teacher of Devas and Men": "I Am That I Am": Eternity	28/08/1982	1:25
B092	In What Manner are We Conscious of this World? Questions: Belief and Faith: Wisdom: Speech: Transcendence	29/08/1982	1:31
B093	Ineffable Bliss: Questions: Competition and Comparison: <i>Anattā</i>	30/08/1982	1:26
B094	Mindfulness Centred on the Body	31/08/1982	1:28
B095	Mindfulness, Our Instrument of Salvation: Questions: Changing the World: Evolution of the Brain	01/09/1982	1:29
B096	The Experiencing of Immortality	02/09/1982	1:08
D426	Starting from the Other Shore	11/03/1983	0:52
D427	Infinity: Eternity: Immortality (I)	12/03/1983	0:43
D428	Infinity: Eternity: Immortality (II)	13/03/1983	0:46
D429	It is All Here-Now	15/04/1983	0:40

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Cat. no.	Talk Title	Given on	Length h:mm
D430	The Way	16/04/1983	0:37
D431	The Death of TCH	17/04/1983	1:01
M001	The Marvel of the Divine	30/04/1983	0:49
CS017	Joy and Creative Renewal	30/05/1983	0:36
CS018	The Beginning and the End are One	03/06/1983	0:42
D432	There is no Blueprint	01/07/1983	0:45
D433	Why Do We Talk At All?	02/07/1983	0:40
D434	Religious Living (IV)	03/07/1983	0:44
D435	Religious Living is Holiness in Action (I)	05/08/1983	0:35
D436	Religious Living is Holiness in Action (II)	06/08/1983	0:48
D437	The World is a School of Life	07/08/1983	0:40
B097	What is Our Supreme Desire?	03/09/1983	0:49
B098	Who is the Buddha? (II)	04/09/1983	1:00
B099	Right Understanding of the <i>Dhamma</i>	05/09/1983	0:43
B100	The Meaning of the Deathless	06/09/1983	0:46
B101	We Are Our Own Best Teacher	07/09/1983	0:55
B102	Just Be Yourself	08/09/1983	0:41
D438	<i>Re-legere and Re-ligare (IV)</i>	30/09/1983	0:44
D439	<i>Re-legere and Re-ligare (V)</i>	01/10/1983	0:35
D440	Transcendent Realization	02/10/1983	0:37

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Cat. no.	Talk Title	Given on	Length h:mm
D441	Total Relationship (I)	28/10/1983	0:44
D442	Total Relationship (II)	29/10/1983	0:45
D443	Total Relationship (III)	30/10/1983	0:41
D444	Freedom of Mind is Essential for Total Relationship with Life	03/12/1983	0:46
D445	Deal with Yourself	04/12/1983	0:43
D446	Unitary Wholeness	06/01/1984	0:41
D447	Living Humanly	07/01/1984	0:37
D448	God	08/01/1984	0:44
D449	Transcendence is the Infinite, Eternal, Immortal	10/02/1984	0:44
D450	Freeing Oneself from Misconceptions and False Feelings	11/02/1984	0:44
D451	Something Left Out	12/02/1984	0:45
D452	Action - Karma (I)	09/03/1984	0:42
D453	Action - Karma (II)	10/03/1984	0:48
D454	Being Conscious of Truth	11/03/1984	0:44
D455	Cleansing the Psyche	11/05/1984	0:39
D456	Religious Living is Fully Human Life	12/05/1984	0:43
D457	The Evolution of Consciousness	13/05/1984	0:45
D458	Harmlessness	22/06/1984	0:43
D459	The Need for a New Ontology, Cosmology	23/06/1984	0:43
D460	The Only Solution to World Problems	24/06/1984	0:46

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Cat. no.	Talk Title	Given on	Length h:mm
D461	Consciousness Has to Evolve Towards Unitary Wholeness	03/08/1984	0:35
D462	Religion in Need of Renovation	04/08/1984	0:45
D463	Your Own Path	05/08/1984	0:40
B103	The Middle Way: The Evolution of the Brain	25/08/1984	0:40
B104	"Seeking" the Unborn: The Enlightenment of the Buddha	26/08/1984	0:41
B105	The Purifying of the Psyche	27/08/1984	0:37
B106	The Buddha's Realization	28/08/1984	0:52
B107	The Evolution of Man and his Beliefs: Through to Buddhahood	29/08/1984	0:46
B108	The Pure Fool	30/08/1984	0:41
D464	Freedom from Fear and Sorrow (I)	28/09/1984	0:47
D465	Freedom from Fear and Sorrow (II)	29/09/1984	0:40
D466	Fear and Death	30/09/1984	0:42
D467	<i>Dukkha</i>	02/11/1984	0:40
D468	The Understanding of the "I" Consciousness	03/11/1984	0:41
D469	Healing the Psyche is our Personal Responsibility	04/11/1984	0:43
D470	Be a Light in the World	07/12/1984	0:48
D471	Being Absent from "Me"	08/12/1984	0:42
D472	Be Free of Fear and so of Sorrow	09/12/1984	0:45
D473	Each One of Us is the World	11/01/1985	0:35
D474	The Spirit of Christmas - Peace, Strength, Comfort	12/01/1985	0:43

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Cat. no.	Talk Title	Given on	Length h:mm
D475	Emergence of Christ-Consciousness	13/01/1985	0:43
D476	This-All	08/02/1985	0:43
D477	Holistic Consciousness (I)	09/02/1985	0:45
D478	Creativity of the Spirit	10/02/1985	0:43
D479	Everything is Transcendence	12/04/1985	0:47
D480	What is the "Spirit" of Man?	13/04/1985	0:49
D481	Primordial Creative Energy (I)	14/04/1985	0:41
D482	Holistic Consciousness (II)	17/05/1985	0:44
D483	There is Nothing for the Self	18/05/1985	0:33
D484	Primordial Creative Energy (II)	19/05/1985	0:51
D485	Being Conscious in a New Way	21/06/1985	0:39
D486	Conditioning	22/06/1985	0:43
D487	Realizing Transcendence	23/06/1985	0:47
D488	Realization of Truth	26/07/1985	0:42
D489	Truth is Inexpressible	27/07/1985	0:48
D490	Shape and Form	28/07/1985	0:45
B109	The Uprising of Ill and its Ending	10/08/1985	0:37
B110	"Consciousness, Characterless, Unending, Everywhere Shining"	11/08/1985	0:41
B111	Virtue: The Defilements	12/08/1985	0:45
B112	The Wholemaking of the Psyche	13/08/1985	0:44

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Cat. no.	Talk Title	Given on	Length h:mm
B113	<i>Sammā Sati: Sammā Samādhī</i>	14/08/1985	0:55
B114	The Creative Renewal of all the World	15/08/1985	0:35
D491	In the Quiet, Light Steals in	21/09/1985	0:41
D492	Consciousness is Evolving Towards Holistic Consciousness	22/09/1985	0:38
D493	<i>Vohu Mano</i>	19/10/1985	0:44
D494	Perfect Communion	20/10/1985	0:46
D495	Holistic Consciousness and Worldly Consciousness	23/11/1985	0:43
D496	One's Inner Consciousness	24/11/1985	0:47
D497	"I Am the All-Void"	14/12/1985	0:44
D498	"The 'I' that has Given up 'I'"	15/12/1985	0:49
Z006	<i>Asho Zarathushtra</i>	14/01/1986	0:39
Z007	The Divine Dialogue	15/01/1986	0:39
Z008	Ahura Mazda	22/01/1986	0:39
Z009	<i>Frasho-kereti</i>	29/01/1986	0:44
D499	How Many of Us Live According to Truth?	01/03/1986	0:35
D500	The Awe of the Lord	02/03/1986	0:43
D501	Our Capacity to Receive Truth	05/04/1986	0:43
D502	Are There Eternal Verities?	06/04/1986	0:41
D503	That which is Above and Beyond	10/05/1986	0:34
D504	Meanings of Words	11/05/1986	0:49

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Cat. no.	Talk Title	Given on	Length h:mm
M002	Whither Goes Man? (I)	12/05/1986	1:02
D505	The Teacher-Pupil Relationship	21/06/1986	0:43
D506	Three Main Aspects of Teaching in Ancient India	22/06/1986	0:39
Z010	Whither Goes Man? (II)	20/07/1986	1:00
D507	"Choose to Live as a Child" (I)	26/07/1986	0:49
D508	"Choose to Live as a Child" (II)	27/07/1986	0:41
B115	<i>Karmic</i> Law	16/08/1986	0:54
B116	Creative <i>Karma</i> in Eternity as Man	17/08/1986	0:34
B117	Conditioning: Rebirth: <i>Karma</i>	18/08/1986	0:41
B118	The Graciousness of the Buddha	19/08/1986	0:46
B119	Humans are the Heralds of Eternity	20/08/1986	0:45
B120	The Development of Consciousness	21/08/1986	0:50
D509	The Emergence of Dualistic Consciousness	20/09/1986	0:35
D510	Unknowing Communion	21/09/1986	0:41
D511	The Consciousness of the Silent One	25/10/1986	0:42
D512	The Source and the Goal	26/10/1986	0:45
D513	The Pleasure-Pain Principle	22/11/1986	0:32
D514	Being in Tune with Life's Process	23/11/1986	0:39
D515	Finding Right Fulfilment	03/01/1987	0:38
D516	Eternity Subsumes All Time	04/01/1987	0:39

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Cat. no.	Talk Title	Given on	Length h:mm
D517	Total Attentiveness (II)	07/02/1987	0:32
D518	The Unknowing "Knowing"	08/02/1987	0:31
D519	Man is a Religious Being	07/03/1987	0:43
D520	Our Awakening to Transcendence	08/03/1987	0:48
D521	You Are the Truth	11/04/1987	0:42
D522	The Beauty of Transcendence	12/04/1987	0:40
D523	Moses (I)	16/05/1987	0:43
D524	Moses (II)	17/05/1987	0:42
D525	<i>Mi and Eleh</i>	20/06/1987	0:43
D526	You Cannot "Find" God - God Finds You!	21/06/1987	0:47
D527	The Brain	25/07/1987	0:39
D528	Spiritual Induction	26/07/1987	0:44
B121	I go to the Buddha as my Refuge (II)	15/08/1987	0:35
B122	The Buddha's Discourse to Sigālovāda	16/08/1987	0:40
B123	The Emptying of the Psyche	17/08/1987	0:33
B124	Suffering and Ignorance	18/08/1987	0:35
B125	Holistic Consciousness - The Absolute Here-Now	19/08/1987	0:38
B126	The Inner Silence	20/08/1987	0:43
D529	Transcendence Never Ceases Creating	19/09/1987	0:45
D530	The Silence of Communion	20/09/1987	0:46

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Cat. no.	Talk Title	Given on	Length h:mm
D531	Who Am I?	24/10/1987	0:32
D532	Transcendent Awareness	25/10/1987	0:43
D533	Jesus's Special Message	05/12/1987	0:40
D534	The Significance of Jesus's Teaching	06/12/1987	0:46
D535	Transcendence Realizes its Own Transcendence	10/01/1988	0:47
D536	"Life" and "Death" are Immortal Complementaries	13/02/1988	0:48
D537	<i>Puruṣa</i> (III)	14/02/1988	0:33
D538	In Holistic Consciousness There is No Fear	12/03/1988	0:44
D539	The Messiah	13/03/1988	0:44
D540	Peace	17/04/1988	0:42
D541	The Lord of Death	21/05/1988	0:40
D542	The House of Death	22/05/1988	0:49
D543	The Importance of Silence	18/06/1988	0:44
D544	Seeing the Purpose of Our Existence	19/06/1988	0:45
D545	The Silence of the Brain	09/07/1988	0:45
D546	The Bhagavad Gītā	10/07/1988	0:48
D547	The Container and the Contained	13/08/1988	0:42
D548	Primordial Creative Energy (III)	14/08/1988	0:51
D549	Time and Eternity	17/09/1988	0:29
D550	The Chariot	18/09/1988	0:30

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Cat. no.	Talk Title	Given on	Length h:mm
D551	Living Religiously (I)	15/10/1988	0:49
D552	Living Religiously (II)	16/10/1988	0:46
D553	The Body (VI)	19/11/1988	0:42
D554	The Senses	20/11/1988	0:50
D555	Jesus as Carpenter (I)	17/12/1988	0:46
D556	Jesus as Carpenter (II)	18/12/1988	0:47
D557	Closing of Group Meetings	14/01/1989	0:41
L001	Inaugural Trust Meeting: The Forming of the Trust: The Quiet Mind: Questions: The Responsibility of the Individual: Unitary Wholeness	11/03/1990	0:33
L002	Children of the New Dawn (II)	01/04/1990	0:09
L003	Questions and Discussion: Impersonal Love	20/05/1990	0:53
L004	The Unattainable - the Unknowable	14/07/1990	0:09
L005	The Release into Transcendence	11/08/1990	0:39
DX005	The Festive Season	02/12/1990	0:47
DX006	Stages of Happiness	13/01/1991	0:39
DX007	This World of Saṃsāra	17/02/1991	0:43
DX008	Truth: Goodness: Beauty	21/04/1991	0:50
M003	Funeral Address: Music	06/05/1994	0:21